

Hints for a Good Reading

There are only a few, but very important points about having a spirit medium reading.

Reading Format

First, try to put your mind at ease and relax before starting. This creates a better atmosphere for the reading and makes it easier for spirit to make contact. All readings are conducted in a well lit and open area.

Alcohol

Please do not drink any alcohol before a reading. Undesirable energy will be present that can hamper spirit contact and could affect the quality of the messages.

Your Questions

If you wish to ask a question, or questions, meditate on them in advance of the reading. Give spirit ample time to get an answer. No spirit claims to have an answer on the spur of the moment. After all, you are communicating with people.

Of course there could be a number of questions that come up during a

reading. These questions can be asked at the time of the reading, but spirit has the option of not providing the answer and letting the situation run its course.

Spirit Identification

Spirit provides evidence of identity in many different ways. It can be by relationship, description, incidents, name, etc. Be willing to verify such evidential information so the medium can proceed to the message(s) that is to be given.

Specific Contact

Contact with a specific person is not guaranteed, although many people I read are pleasantly surprised. **However, I do suggest that you think about that person and make an appointment with them.** To help, bring a picture with you in an envelope, but do not show it or tell me until I have asked for it, or at the end of the reading.

Also, a piece of jewelry such as a ring, bracelet or watch or a favorite item can be used. These items do not need to be in any envelope or container. All of this helps to bring in the energy signature to the reading

for Lynn to make a connection with spirit.

Mediumship is not fortune telling, I believe in proving the continuity of life.

Making Sense

Something may make more sense by the end of the reading, or the understanding of the message or description may come at a later time – after you have had a chance to think about it. Don't be quick to say "no" to what is given. Many of my clients contact me later with confirmation of the person or information given in a sitting.

The true success of a reading is not always measured by prophecy but by the guidance it provides. Predictions are always possible, but you have the *free will* and power to change coming events. Nothing is written in stone!

Thank you in advance for your positive energy and cooperation.

**Lynn Kent
Certified Medium**

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